

2019 LIFE SKILLS EXPERIENCE SCHEDULE

Target Level

(Ages 5 & 6) – Introduces playing the game of golf with special emphasis on learning golf and The First Tee Code of Conduct, appreciating the rules and etiquette of the game and developing a game plan for golf and life. All individual sign ups begin at PLAYer. PLAYers learn to appreciate the rules and etiquette of the game and begin to develop their game in golf and in life.

Class Level	Instruction Days	Play Days	Location
Target	Monday 11:00 - 11:50 am	Thursday 10:30 - 11:30 am	Blossom Trails Golf Club
Target	Tuesday 9:00 - 9:50 am	Thursday 10:30 - 11:30 am	Blossom Trails Golf Club

PLAYer Level

(Ages 7 & 8) – Introduces playing the game of golf with special emphasis on learning golf and The First Tee Code of Conduct, appreciating the rules and etiquette of the game and developing a game plan for golf and life. All individual sign ups begin at PLAYer. PLAYers learn to appreciate the rules and etiquette of the game and begin to develop their game in golf and in life. Certification in PLAYer is required to advance to Par.

Class Level	Instruction Days	Play Days	Location
PLAYer	Monday 9:00 - 9:50 am	Thursday 9:15 - 10:15 am	Blossom Trails Golf Club
PLAYer	Tuesday 8:00 - 8:50 am	Thursday 8:00 - 9:00 am	Blossom Trails Golf Club
PLAYer	Tuesday 11:00 - 11:50 am	Thursday 9:15 - 10:15 am	Blossom Trails Golf Club

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Par Level

(recommended minimum age 9) – Focuses on interpersonal communications and self-management skills. Students continue to work on their swing, grip and stance. In addition, they learn how to introduce themselves, the meaning of respect and find their “personal par”. **Certification in Par Level is required to advance to Birdie Level**

Class Level	Instruction Days	Play Days	Location
Par	Monday 8:00 - 8:50 am	Wednesday 8:00 - 9:30 am	Blossom Trails Golf Club
Par	Monday 10:00 - 10:50 am	Wednesday 9:45 - 11:15 am	Blossom Trails Golf Club
Par	Monday Noon - 12:50 pm	Wednesday 11:30 - 1:00 pm	Blossom Trails Golf Club
Par	Tuesday 10:00 - 10:50 am	Wednesday 9:45 - 11:15 am	Blossom Trails Golf Club
Par	Tuesday Noon - 12:50 pm	Wednesday 11:30 - 1:00 pm	Blossom Trails Golf Club

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Birdie Level

(Recommended minimum age 11) – All Birdie students must be Par certified. Birdie focuses exclusively on goal setting and how to go about achieving both long term and short term goals. Golf skills include: course management, advanced etiquette and advanced swing/putting skills. **Certification in Birdie Level is required to advance to Eagle Level.**

Class Level	Instruction Days	Play Days	Location
Birdie	Mon & Wed 10 - 11:30 am	Wednesday 6:30 - 8:30p	The First Tee of Benton Harbor Academy @ Harbor Shores
Birdie	Mon & Wed Noon - 1:30 pm	Wednesday 6:30 - 8:30p	The First Tee of Benton Harbor Academy @ Harbor Shores
Birdie	Mon & Wed 2 - 3:30 pm	Wednesday 6:30 - 8:30p	The First Tee of Benton Harbor Academy @ Harbor Shores
Birdie	Tue & Thurs 10 - 11:30 am	Thursday 6:30 - 8:30p	The First Tee of Benton Harbor Academy @ Harbor Shores
Birdie	Tue & Thurs Noon - 1:30 pm	Thursday 6:30 - 8:30p	The First Tee of Benton Harbor Academy @ Harbor Shores
Birdie	Tue & Thurs 2 - 3:30 pm	Thursday 6:30 - 8:30p	The First Tee of Benton Harbor Academy @ Harbor Shores

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Eagle Level

(recommended minimum age 13) – All Eagle students must be Birdie certified. Eagle focuses on wellness and health for the mind and body as well as conflict resolution, diversity and exploration of various jobs in the golf industry. Golf skills include: playing competitively, effective practice strategies, how to self-correct and accuracy.

Class Level	Instruction Days	Play Days	Location
Eagle	Tue & Thur 8:00 - 9:30 am	Thursday 6:30 - 8:30p	The First Tee of Benton Harbor Academy @ Harbor

ACE Level

(Required minimum age 14 or entering 9th grade) – **All Ace participants must be Eagle certified**

Ace focuses on personal planning, reinforces interpersonal communication, self-management, goal-setting, self-coaching and resistance skills. Ace encourages giving back to the community and the pursuit of higher educational opportunities. The student is provided with a support structure to flourish and excel in their lives after high school not only in golf but academically and socially as well.

Class Level	Instruction Days	Play Days	Location
ACE	Mon & Wed 8:00 - 9:30 am	Wednesday 6:30 - 8:30 pm	The First Tee of Benton Harbor Academy @ Harbor